# Theme: Health and Fitness



# Holy Trinity CE Primary Academy & Nursery Timetable 2020-21



Year Group: R/1 Class: Clee and Earls Hill Teachers: Mrs Meddins and Mrs Allcock

<u>Home Learning Timetable</u> Week Beginning 8/ 2/21

	Literacy	Maths	Other Subjects		
Monday	Huge Bag of Worries  Huge Bag Worries	Use the resource packs you have collected from school and any of the links below to access the maths work over the week.  Reception—This week please focus on learning about 2D and 3D shapes.	Arts and Crafts  Can you make a worry monster?		
	The Huge Bag of Worries - YouTube	What are 2D shapes? - BBC Bitesize  2D shapes - YouTube			
	Talk about any worries that your child might have. It might encourage them to talk if you share a simple worry that you are having. Ask and help them to write down any worries on strips of paper.  You might decide the write what your child says instead of asking them to write today. That is fine.	Fun Maths Games about Shapes, Symmetry and Coordinates for Kids (topmarks.co.uk)	You will need:  A disposable drinking cup  Coloured paper/felt  Pipe cleaners		
		Shapes song for kids   The Singing Walrus - YouTube	Googly eyes Pom-poms Sticky tape		
		Shapes Song 2 - YouTube  Make a shape picture - YouTube	Scissors Glue		
	These can be fed to the worry monster that you might choose to make, following the afternoons suggested activities.		<ol> <li>Instructions</li> <li>Take your drinking cup and cut some coloured paper or felt to fit around the outside of the cup. Use the glue to stick this down.</li> <li>Stick googly eyes (or draw your own!) onto the front of the cup. It can look as crazy as you like!</li> <li>You may wish to add pipe cleaner antennae, a monster mouth, a pom-pom nose or anything else you want.</li> <li>Write any worries that you have on a piece of paper and feed it to your monster! If you want to, you could talk to a friend or a member of your family about the worry that you fed to your monster.</li> </ol>		
			Some of you may have already made one of these – can you make a friend for it?		

Sphere	Cube	Cuboid	Cylinder	Pyramid	Cone
ball marbl es orang es peas thread ing beads globe	Dice ice cubes Oxo/s tock cubes	cereal boxes toothp aste tube boxes shoebo x	tins cans toilet/kit chen rolls cups/gla sses	some tea bags.	ice cream cones carrots party hats

Rellog

# Tuesday

# The Koala Who Could



#### The Koala Who Could - YouTube

Talk about the different skills your child has. What are they especially proud that they can do? Can they sing well? Hop on one leg?

In our school bubble today, we are going to have a talent show and give each child the opportunity to show what they can do.



**Year 1** – Use Number Bonds to 10 resource pack. Choose any activities that appeal to your child and use them throughout the week as you like to consolidate number bonds to 10.

<u>| Know My Number Bonds 10 | Number Bonds to 10 |</u>
Addition Song for Kids | Jack Hartmann - YouTube

<u>Let's all do the 10 dance (number bonds to 10 song) -</u> YouTube Perhaps you would like to draw or paint a picture of your worry monster.

Perhaps you would rather complete a different art activity. Here are a few suggestions.

Mindfulness colouring <a href="https://zentangle.com/pages/get-started">https://zentangle.com/pages/get-started</a>

https://www.youtube.com/watch?v=XM1QTMHdP\_k

Try this simple 'draw your feelings' activity by Place2Be's Art Room team. Each pupil will need some paper and something to draw with

https://www.youtube.com/watch?v=STdJ 8ORyE&featu re=youtu.be

A follow-along video where young people draw squiggles and then make pictures out of them, talking about how their creation might be feeling, <a href="https://www.youtube.com/watch?v=ozKW1M97JXE&feature=youtu.be">https://www.youtube.com/watch?v=ozKW1M97JXE&feature=youtu.be</a>

#### **Music and Performance**

BBC Bring the noise

https://www.bbc.co.uk/teach/bring-the-noise/eyfs-early-years-music/zhm7wty/

Squiggle while you Wiggle <a href="https://www.youtube.com/watch?v=ptFAL-eSvxU">https://www.youtube.com/watch?v=ptFAL-eSvxU</a>

Perhaps you could use resources from around your home to make musical instruments. Can your child play these as they perform in the talent show?

Perhaps you could have a family talent show at home? Can your child make tickets for the show? Can they make a poster to advertise the talent show? Can you film the talent show or use technology to share it with grandparents or family members who do not live in your house?

Take the opportunity to really praise your child for any talents they have and remind them that everyone is good at something and that they are amazing!

<u>Save The Whale: Learn bonds of 10, 9, 8, 7, 6 or 5</u> (ictgames.com)

Number Bonds Game for Kids - Help the Robots Get Home! - YouTube

<u>Hit the Button - Quick fire maths practice for 5-11 year olds</u> (topmarks.co.uk)

#### **Additional Outdoor Maths Activities**

https://wordunited.com/outdoor-maths-activities-for-kids/

https://thirdspacelearning.com/blog/13-outdoor-maths-activities-early-years-year-6-plus-bonus-ages/







4 MUSICAL INSTRUMENTS Crafts you can do anytime | Fast-n-Easy | DIY Labs - YouTube

Some of children may have tried this activity already but try it again! Can you play a recognisable tune on your musical glasses?



Glass music - Twinkle Twinkle Little Star - YouTube

Wednesd ay

#### The Cloud



[story time] The Cloud by Hannah Humming - YouTube

Talk about friendships with your child. Does your child have any special friends? Do they know who your friends are?

Reception – Who is their friend? Ask your child to draw a picture of their friend – can they write their friends name?

Year 1 - Who is their friend? Ask your child to draw a picture of their friend and to write their friends name, in a sentence 'My friend is...'

# **Science and Discovery**

We are going to go outside if it is not raining and gaze at the clouds. We are going to put mats on the ground and lay on them. What shapes/animals/objects can you spot in the cloud formations?





If it is raining, we will gaze at the clouds another day! We will still go outside in our coats and wellies. We will use umbrellas to listen to the rain sounds and splash in puddles!



We are also going to fill washing up bowls of blue water (use a drop of food colouring) we will add clouds by floating balls of cotton wool in the water, and by squirting shaving foam onto the surface of the water. The challenge will be to 'catch' the clouds using spoons, sieves, or tongs.



Perhaps you could do these fun activities with your child?

Thursday

# The Lion Inside



The Lion Inside - read aloud fun Storytime - YouTube

Talk about different animal attributes. For example, we say monkeys are cheeky, or peacocks are proud. The book 'Dear Zoo' by Rod Campbell is good for introducing this concept to your child. Here is a link to the story.

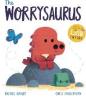
<u>Bedtime Stories | Justin Fletcher |</u>
Dear Zoo | CBeebies - YouTube

What animal does your child think they are like? Are they always the same animal? Perhaps sometimes they are as quiet as a mouse? Or if they are angry, do they feel like a roaring lion? Are they sometimes a bit of a monkey?!

Ask your child to paint or draw the animal or animals they feel is most like them. Talk to them about why they have chosen these animals.

Friday

#### The Worrysaurus



### **Sport and Fitness**

Disney Zumba

https://www.youtube.com/watch?v=mUSgKSgS4-E

Mindfulness dance-unwinding and calm exercise.

https://www.youtube.com/watch?v=zBQpjodPuGl

More ideas....

Go for a lovely gentle walk around your local area. Talk about the different things you can see, smell, hear and touch.

If your child has a bike or scooter, take them out for a ride and move those bodies

Or put on your favourite music, turn it up loud, create a home disco and dance your cares away!



#### **Design and Food Technology**

Prepare the picnic you planned this morning.

Let your child help to make the sandwiches, prepare the fruit, pour the drinks and any other jobs you think they could do. They will feel very grown up and helpful helping you!

# The Worrysaurus read by Rachel Bright - YouTube

Today we are going to plan a picnic.

The reception children will choose what food they want in their picnic. They will draw the food and write labels to say what food it is.

The Year 1 children are also going to choose what food they would like in the picnic. But they are going to write sentences containing adjectives to say what food they want. For example, 'I want crunchy apples.'

Plan a picnic with your child. Talk about the foods they would like to have in the picnic. Can they invite other family members or perhaps some teddies to the picnic?

Perhaps they could make invitations?

If the weather is on your side, take your picnic outside. If it is too wet or cold, then lay a blanket out on the floor and have an indoor carpet picnic instead.



Perhaps you could design and build a den, and then have your picnic in there?

Den Building

https://www.woodlandtrust.org.uk/blog/2019/10/how-to-build-a-den/

